

NYSPHSAA Qualifying Standards for the 3rd Competitor/2nd Relay

EVENT		GIRLS	BOYS
55m Hurdles		8.74 (8.5)	7.94 (7.7)
55m Dash		7.44 (7.2)	6.74 (6.5)
300m Dash		41.94 (41.7)	36.74 (36.5)
600m Run		1:38.74 (1:38.5)	1:24.74 (1:24.5)
1000m Run		3:02.24 (3:02.0)	2:35.24 (2:35.0)
1500m Run		4:49.54 (4:49.3)	xxxxxxx
1600m Run		xxxxxxx	4:28.74 (4:28.5)
3000m Run		10:21.14 (10:20.9)	xxxxxxx
3200m Run		xxxxxxx	9:42.24 (9:42.0)
1500m Race Walk		7:28.24 (7:28.0)	xxxxxxx
Long Jump		17' 02"	21' 06"
Triple Jump		36' 01"	43' 06"
Shot Put		37' 07"	51' 00"
High Jump		5' 03"	6' 02"
Pole Vault		10' 00"	13' 00"
Weight throw		43'00"	56'00"
4 x 200	Div 1	1:47.54	1:34.94
4 x 400m	Div 1	4:06.94	3:32.44
4 x 800m	Div 1	9:36.24	8:05.04
4 x 200	Div 2	1:50.34	1:34.18
4 x 400m	Div 2	4:15.25	3:37.42
4 x 800m	Div 2	10:09.01	8:36.26

The third-place finisher in the 300m, 600m, 1000m, and 1600m/1500m events will participate in the intersectional medley relay. If the third-place finisher meets the state standard in these events, the fourth-place finisher will represent Section V at the state meet.

For more information, visit [NYSPHSAA Track and Field](#).